

Yuulu?it?ath Culture Night was busy last week as the Canadian Junior Rangers visited for dinner. Here the Rangers join in the dancing. More photos on page 12.

### Community Christmas Dinner

**Tuesday, December 15th**  
at the gym in Hitacu  
**Santa arrives at 4 p.m.**  
**Dinner starts at 5 p.m.**  
*Everyone Welcome!*



## Telehealth allows healthcare access via Internet

### *Yuulu?it?ath citizens to access healthcare via internet connection*

Tele-Health is coming to Hitacu and will change the way you access health care. Patients who currently access services at the health centre will now potentially be able to have their appointments by telehealth. The First Nations Telehealth Expansion Project (FNTEP) was created to provide First Nations communities with video conferencing equipment to access clinical, wellness and educational services.

Telehealth is the delivery of healthcare, wellness and educational

services at a distance, through live, interactive video-conferencing. This allows health care professionals to deliver some services remotely using technology. Devices such as exam cameras can be attached to clinical Telehealth equipment to enhance clinical appointments. "Anyone who currently accesses services through the health centre can potentially have appointments by Telehealth," said Esther Tong, Telehealth Coordinator for the FNTEP.

Existing health centre staff will be trained on how to use the equipment. Telehealth is intended to enhance and complement existing health and wellness services and

is not taking away services that are already being provided in the community.

The FNTEP is fully funded by Canada Health Infoway and the equipment costs of the Telehealth ranges from \$10,000 to \$35,000. The FNHA loans the required equipment to each Nation however, the Yuulu?it?ath government has the option to purchase additional equipment. Equipment required includes clinical carts with video conference units, and various examination viewing scopes. For administration and education there will be a TV monitor or desktop unit for the teleconferencing.

Interactive video, audio and computer technology will allow for excellent patient care and education regardless of geographic location. It allows patients to see doctors or specialist at a distance. Some of the Telehealth services available in BC are in cancer care, maternal care, mental health, diabetes, arthritis and other areas. Telehealth can improve access to health services, timeliness and quality of care. It also reduces the burden of travelling in adverse weather conditions or for someone with limited mobility.

The First Nations Health

Continued on page 2

If undeliverable, please return to:

**Yuulu?it?ath  
Government House**  
PO Box 699  
Ucluelet, BC V0R 3A0

**Toll Free: 1-877-726-7342**  
PM 42129516

## Yuulu?it?ath Government Annual General Meeting

**Monday, November 30, 2015**

Hitacu Gym

*Dinner starts at 5 p.m.*

## Telehealth allows healthcare access via Internet

Continued from page 1

Authority is developing a fully functional Telehealth program for First Nations communities in BC. The First Nations Telehealth Expansion Project team is working with partners to deliver on the Transformative Change Accord: First Nations Health Plan, Action Item #23 which is to create a fully integrated clinical Telehealth network.

In 2013 the FNHA invited communities to participate in Telehealth. Communities underwent a readiness and needs assessment process that identified the clinical needs of the community, local capacity to support Telehealth and technical readiness (internet connectivity etc). Based on these assessments, 45 communities got the green light for Telehealth. The four island communities participating in the first wave of the program include: Malahat, Homalco, Ucluelet and Kwakiutl. The objective is to have Telehealth operational before the end of 2015.

“Ultimately our goal is to work with every First Nation community that wants telehealth. We will be looking at extending the invitation out to new communities next year,” Ms. Tong added.

Telehealth is private and the confidentiality and security of your personal health information are protected through the use of health grade network security. Because this community does not have fiber optic

available yet, there is no high speed internet and therefore a designated satellite service will provide broad band specifically for the telehealth conferencing.



Hitacu will soon have Telehealth available at the Health Centre. Here, health care workers are teleconferencing. Photo courtesy of First Nations Health Authority.

### In accordance with Yuulu?il?ath Law

Notice is hereby given that the Yuulu?il?ath Legislature has initiated a Hitacu Assembly in accordance with the Constitution and Government Act YFNS 2/2011.

The Hitacu Assembly is scheduled for Monday November 30, 2014; 5PM at the Yuulu?il?ath Gymnasium.

Dinner will be provided; all citizens are invited to attend.

The agenda is in draft form until approved by the Citizens at the Hitacu Assembly. (Additional items may be added at the time we adopt the agenda.)

#### Agenda Items:

1. Presentation by Uchucklesaht Tribe
2. Meeting called to order
3. Opening Ceremonies/Welcoming remarks
4. Motion and discussion to adopt the agenda
5. Updates
  - a. President
  - b. Lands and Resources & Asset Management
  - c. Community Services
  - d. Finance
  - e. Director of Operations
6. Announcements/Discussion
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
7. Adjournment



Yuulu?il?ath citizens and Toquaht citizens have joined up to learn the Nuuchah-nulth language. The classes run each week at the Toquaht office in Ucluelet and attract about a dozen people.

## Fiber optic a few months away

Fiber optic internet just a few months away. Roughly 12 million project includes BC Hydro replacing about 350 of its poles along Hwy 4 for TELUS to string fiber optic cables through. The work should conclude by the end of November. Hydro crews are working with a live 60 thousand volt line that could not be turned off without cutting off the entire coast. So extra precautions. Only feed to the west coast.

TELUS spokesperson said ready to funnel the fiber cables through once Hydro pole replacement work is finished. TELUS will string fiber in the next couple of weeks and then working over the coming months to place fiber across the 65 k stretch

TELUS, BC Hydro and All nations trust will be pitch in to cover the 12 million price tag.

## Asya graduates from the University of Victoria

As some might know my name is Asya Touchie, my parents are Matthew Touchie Sr. and Leah Golling. My grandmother is late Edith Brown nee Touchie, and my grandfather is late Matthew Brown. I grew up in Nanaimo rarely visiting Yuułu?il?ath, unless my grandma was making a trip to pick grass, but in the Summer of 2014 I had an amazing opportunity to work with the youth of Yuułu?il?ath as the Child and Youth Support Worker. Many of you may know me from this position.

In January of 2010 I had decided that I wanted to go back to school after graduating from high school in 2007. I had a lot of learning to do when it came to setting up my funding, and registering for courses.

I began my post-secondary experience at VIU in Nanaimo in the Arts One First Nations Studies Program. This was beneficial to me because it allowed to me get my foot in the door and understand what university was all about. During my year here, although I thoroughly enjoyed the program, I had come to the realization that I wanted to be working with people and get a hands on experience in the field of Indigenous Support Work.

In searching for different programs I came across the Indigenous Family Support Worker Certificate program at Camosun College in Victoria, BC. Here I would be able to use my experiences at VIU and apply them to working with Indigenous communities.

I had two practicum placements, at the Canadian Diabetes Association and with Journey Middle School in the First Nations office. This program gave me the opportunity to continue my studies into the second year of the Community Family and Child Studies at Camosun College as well. Here I used the skills and theories from my previous experiences and apply them to working with children, youth, families and communities. I gained invaluable experience from my 3<sup>rd</sup> practicum placement with Tsawout First Nations.

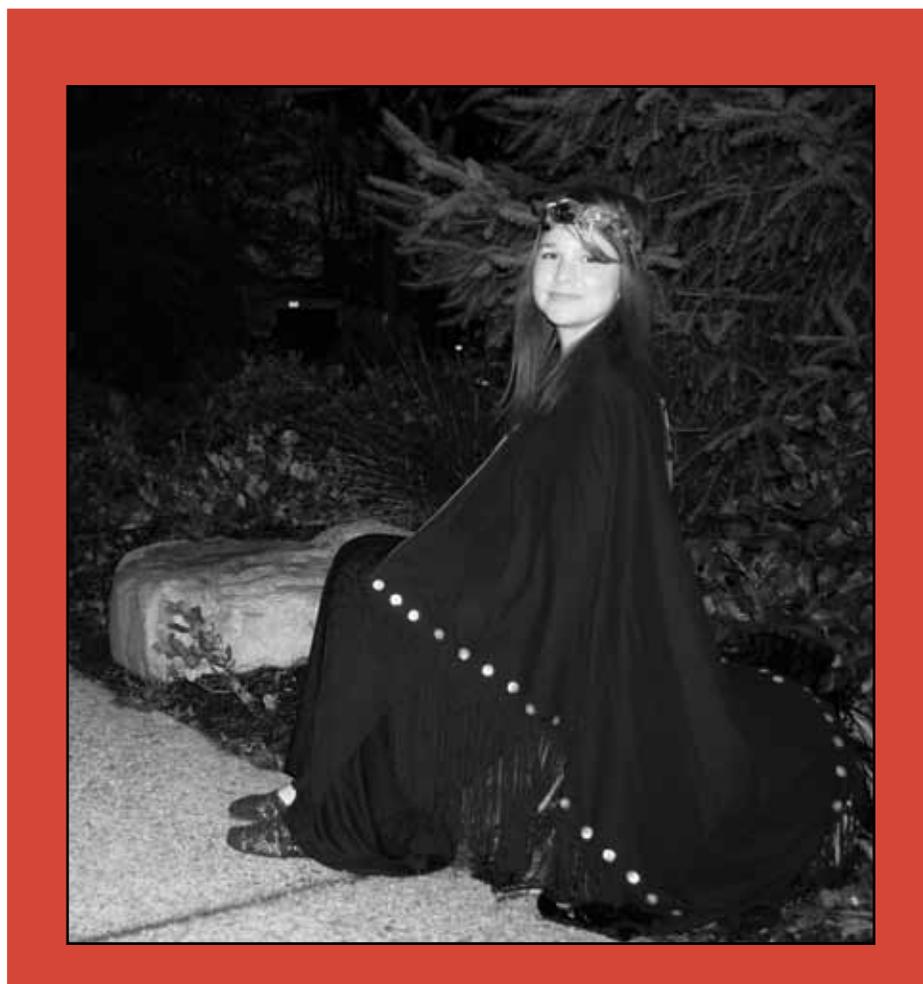
These two programs were set up in a way where I was able to use my credits from Indigenous

Family Support and Community, Family and Child Studies to transfer into the 3<sup>rd</sup> year of Child and Youth Care program at the University of Victoria. This is where I have earned my Degree in Child and Youth Care with a specialization in Indigenous Child Protection.

I spent my last two years at the University which was very inclusive and created safe spaces for Indigenous students to gain more information and support throughout their studies. In the classes in my program western views, and dominant discourses were often challenged and Indigenous world views were incorporated into many of my classes. These experiences in this program allowed me to practice in a way that was relevant to me, which has shown me that it was the right program for the work that I wanted to do. Within the Child and Youth Care program I was able to complete two practicums. One was a year long practicum with the ŁÁU, WELNEW Tribal High School in WSA NEC. My last practicum was with the Ministry of Child and Family Development within the Aboriginal Child Protection team. I was very grateful for this experience as I was able to gain in depth knowledge about how the government responds to Child Protection concerns within Indigenous communities. I was also able to critically analyze the work that was being done and learning different techniques and skills that could be used within the field while using an indigenous lens.

In my years of college and University I had the chance to practice my skills that I gained through my various programs while working with children at an Out of School Care program, as well as with the Yuułu?il?ath as the Child and Youth Support Worker. In these positions I was able to gain invaluable experience working with children and youth in varying environments and cultures.

Throughout my last year of University I became employed with NIŁ TU,O Child and Family Services Society as a Family Support Worker. In this position I supported youth and families through Child Protection Concerns and Youth Support in their daily lives. I was able to navigate the system



and act as an advocate for families going through Child Protection investigations. This was a part-time position as I finished up my course work.

At the end of my final practicum I was hired as a Family Support Worker; soon after I was hired as a Delegated Social Work position through NIŁ TU,O Child and Family Services Society, and this is where I currently am employed as a Guardianship Social Worker for children and youth in care. I have just completed my 6 weeks of Aboriginal Social Work Delegation training and will be beginning my work as a Social Worker now that I am back in the office. I work with children and youth from seven nations on the Peninsula and Western communities of the South Island. I am anticipating to come home in the future but for now I am happy to be working with the Coast Salish communities and grateful for the connections I have made here in Victoria.

Post-secondary is a lot of fun with a lot of bumps in the road; moving homes, visiting family, making friends, moving to new cities and keeping up with the course work. It was all definitely worth it and an amazing experience to be able to say that I have completed it and look forward to continuing

in the future. As of this moment I am still dreaming of going back to UVIC to complete a Masters', but I would like to get my foot in the door and gain a deeper understanding of where I would like my future to lay.

During these years it was difficult to be away from home, family and my parents but I found a lot of support within the academic community. I built connections with Aboriginal Advisors and my instructors and professors, who were there to support me when I needed an extra push in my course work.

I am very grateful for the experience that I have gained through university and I would not have been able to do it without the support of Yuułu?il?ath as they provided me with Post-Secondary Funding, and encouraged me to continue my studies.

I encourage all community members to gain access to post secondary funding and find what you love to do and go for it. If anyone needs support in this process or is looking into college or university and wants to know more about my journey feel to contact me and I can try my best to provide the support needed.

Kleco Kleco, Cuu.

# Community Newsmakers



## Certificate Skills Training Now Offered

The Nuu-chah-nulth Employment & Training Program (NETP) in partnership with NTC Social Development & Health Benefits department will be delivering the following programs in **Gold River, Tofino** and **Port Alberni**:

**November 23rd - December 11th, 2015**

Earn up to \$100 in completion bonuses.

Three (3) week foundation certificate training in **all** the following areas:

First Aid / Safety Certificate	MS Office Essentials Certificate	Marine Training Certificate
<ul style="list-style-type: none"> <li>• Bullying &amp; Harassment</li> <li>• OFA 1</li> <li>• Standard First Aid/CPR</li> <li>• Transportation Endorsement</li> <li>• WHMIS</li> </ul>	<ul style="list-style-type: none"> <li>• Computer Essentials</li> <li>• MS Office Excel</li> <li>• MS Office Outlook</li> <li>• MS Office Word</li> </ul>	<ul style="list-style-type: none"> <li>• Marine First Aid</li> <li>• Radio Operator</li> <li>• Small Vessel Operator Proficiency (SVOP)</li> </ul>

**Starting January, 2016**

Advanced Industry Recognized Training in **any** the following certificates:

Camp Ground Attendant Certificate	Kitchen Helper Certificate	Healthcare Attendant Certificate
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These free certificate programs are offered to First Nations, Inuit and Metis living within the Nuu-chah-nulth region.

**Limited Seats Available**

Contact NETP to apply in the following regions:

**Port Alberni/South** — Phone: (250) 723-1331 Call to speak with your Case Manager

**Tofino/Central** — Phone: (250) 726 7347 Evan Hauser

**Gold River/North** — Phone: (250) 283-2012 or 1-800-283-2015 Renee Mitchell



These programs offered through Nuu-chah-nulth Employment & Training Program (NETP)



Funding provided in whole by the Government of Canada

## NTC nursing creates film that focuses on the history of traditional healing

The Nuu-chah-nulth Tribal Council's nursing services hupiiimin wiikšahiiyap have created a new cultural DVD that focuses on the history of Nuu-chah-nulth traditional healing practices. Nuučaanulathin, "We are Nuu-chah-nulth: was created and produced by Shape Shyfter Studio, owned by Nitanis Desjarlais and John Rampanen.

Elders from across Nuu-chah-nulth nations contributed to this project; the film is a 45 minute video about a young man who talks about the way things used to be, when the Nuu-chah-nulth gathered medicinal plants and treated patients and performed healing ceremonies. The second part of the video

is about the changes that happened with the arrival of the Europeans and the small pox, tuberculosis and influenza that wiped out First Nation populations.

The third part of the video is called "the evolution of the NTC." The final part is a history of the Nuu-chah-nulth Tribal Council in the mix 1970s. The video used old newspaper clips from the Ha-Shilth-Sa to demonstrate various news events through the past few decades.

At the end of the video a Nuu-chah-nulth healer joins a ceremonial dance with students at Haahuupayak School. There are plans to have the video shown in Hitacu at an Elders luncheon in the near future.

## Hitacu Assembly/AGM

**Monday, November 30th**

starts at 5 p.m.  
Everyone Welcome

# Yuulu?il?ath GOVERNMENT DIRECTORY

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## Health Nurse encourages flu shots for everyone

Flu season is coming and NTC Health Nurse Amanda Aspinall wants to remind people to get their flu shot. She has held a few clinics at the Community Centre in Hitacu and said citizens can come to the Health Centre to get their shot; she also noted that the pharmacist at People's Pharmacy in Ucluelet is also offering flu vaccines this year for adults and is open on weekends.

To date Amanda has immunized about 20 community members and she said that People's Pharmacy has also done some flu shots for citizens. "This in is keeping with the numbers from last year as we are still fairly early on in the season. I do of course hope to get many more," she commented.

"Basically everyone is eligible and encouraged to receive a flu vaccine. Those most at risk of

developing more severe complications from the Influenza are: Elders (over 65 years), children age 6-59 months (Babies under 6 months of age not able to receive flu vaccine), pregnant women and those with chronic and immune-suppressing health conditions. Anyone who isn't listed above but lives with or is around any of the those listed is also highly encouraged to get their flu vaccine," she added.

"This year there is a trivalent inactivated vaccine for those 18years+. It provides protection against the 3 major flu strains that the WHO has predicted will be circulating including two A strains, H1N1 and H3N2 (very serious in Elders) and a B strain. For children 6 months- 17 years it is recommended they receive the quadrivalent vaccine which includes the trivalent viruses plus one extra B strain virus shown to affect that age group more. There are two types of quadrivalent vaccines available. One is injectable and is inactivated.

The other is an intranasal spray into both nostrils and is considered a live attenuated (weakened) vaccine. This is only available to children 2 yrs and older and most effective in children 2-8 yrs. If a child has a history of asthma or a weakened immune system they will be given the injectable vaccine.

The flu is often overlooked as a serious disease and yet influenza causes more deaths among vaccine-preventable diseases than all the others combined, especially among the Elderly. In Canada, there are more than 3000 deaths from the flu and subsequent complications, every year.

Amanda's hours at the health centre are posted on the door at the health centre.

For more information about vaccines and side effects, etc. please visit: [www.immunizebc.ca](http://www.immunizebc.ca).



Yuulu?il?ath Legislature member Alan McCarthy got his flu shot at one of the clinics that Health Nurse Amanda Aspinall held at the Community Centre. The public clinics are now over but you can still get a flu shot at the health centre; Amanda's hours are posted on the door.

## Dr. Touchie re-appointed to First People's Cultural Council Advisory

čitapk'leelul, Dr. Bernice Touchie, has been re-appointed to the First People's Cultural Council Advisory Committee.



Through the Ministry of Aboriginal Relations and Reconciliation, the Province of BC funds the FPCC. In 1990, the Province established the FPCC—a provincial Crown corpo-

ration that was formerly known as First Peoples' Heritage, Language and Culture Council.

"I wish to thank you for your commitment to this important work," said John Rustad, Minister of Aboriginal Relations and Reconciliation.

"The Province has supported the FPCC's work for more than 20 years and recognizes the important contributions that it has made towards revitalizing First Nations' languages, arts and culture in British Columbia. Undoubtedly, the Board of Directors and Advisory Committee are critical for the FPCC to effectively function," Minister Rustad wrote.

CONTINUING EDUCATION

## FREE TRAINING AT NIC UCLUELET\*

Tourism & Hospitality Labour Skills Training





Building Service Worker	Nov 23 – Dec 17
Facility Operator Skills Training	Jan 4 – Feb 26
Professional Dining Service	Feb 9 – 26
Industry Certification Series	Feb 9 – 26





Funding provided by the Government of Canada through the Canada-British Columbia Job Fund

\* You may be eligible for free tuition. Call today to inquire.

## Play with a purpose fosters social relationships

Robin Gladstone is welcoming families with babies and small children to a new Early Learning for Family program (ELF) which has transformed the former health clinic board room in Hitacu to a creative learning environment for parents and youngsters.

“Play with a purpose” is designed for babies from six months up to Kindergarten age,” Robin said. She is She is the NTC Aboriginal Infant Development Program Coordinator and Play with a purpose is designed to challenge each child. Activities and games are geared towards building fine

motor skills and children actually learn while they are playing.

Robin has been an Early Childhood Educator for more than 30 years and more recently she has taught the Headstart program for the last five years, a program funded by the First Nations Health Authority to enhance early childhood development, school readiness and overall family health and wellness.

Robin said babies and children learn from experiences and, she warned, while they may be entertained by the television or tablet, they are not learning from these electronics and may actually suffer damage as a result of too much electronics. “A half hour in front of the tv isn’t going to be the end of the world but that’s as long as the other 95 per cent of the time are lived experiences,” she said.

Parents often resort to the TV as a babysitter because they need to get household chores done and so part of the teaching at the ELF program is to teach parents ways of keeping their children happy and healthy while getting chores accomplished. Her program also offers a venue for parents to get together and socialize. She said parents are often surprised that the children also like to socialize and they often comment that the change of venue is healthy for both parent and child. “Changing their environment can change the way the baby behaves,” she commented.

Marissa Amos is mother to 20-month-old James Frank Mack. She and partner Edward Mack brought their son to the Baby Bounce program in the summer months and she has continued bringing James Frank to the ELF program.

“I learned so much and my parenting style has improved,” Marissa said. She points to James Frank who is content playing with a toy while his Mother talks; “he gets to play with so many different toys and reads books,” she commented. She said coming to the group is good for both her son and herself. He gets to socialize with other children and play with new and different toys than he has at home. She enjoys the social aspect as well and said that a change of venue, getting out of the house seems to be good for both as well.

“I’m learning about gentle parenting, re-directing instead of always saying no,” she said. She has learned a lot from the coordinator, Robin, and has also taken advantages of various resource material to increase her own knowledge about parenting.

Making resources available to parents is another facet of the program. Robin said she recently researched with a parent, the cost savings of using cloth diapers verses disposables and she also taught parents how to make healthy and inexpensive baby food.

In the summer months Robin and Jennifer Touchie offered the Baby Bounce program for babies and young children and that program attracted a large number of parents and babies.

The ELF program will meet Wednesday from 10 to noon and Thursday afternoons from 1-3 p.m. at the board room in the Health Centre. Robin thanked local businesses and individuals who have donated children’s toys, books and furniture to the program.



### Health Care Assistant Program

#### NTC Nursing & NETP in Central Region

8-10 Month Program— SEATS ARE LIMITED

For more info contact NTC Nursing Services or NETP



### Are you ready to become a Health Care Assistant?

Nuu-chah-nulth Employment & Training Program & NTC Nursing Services are partnering in a 10 month Health Care Assistant Program.

**Beginning in:** January 2016

**Time:** 9-5pm Monday-Friday

**Location:** Yuutu?it?ath Multi-Purpose Room, Hitacu BC

NETP, NTC Nursing as well as Discovery College are working in partnership to offer this program. To be delivered in the Central Region area. The Health Care Assistants (HCA) program will prepare you to work as a front-line health care provider, and provide you with the knowledge and skills to work independently or as part of a health care team. We are most interested in training workers to provide health care services for people in Westcoast communities.

**If you’re interested contact, please contact either:**

**NETP, Evan Hauser @250 266 1584, or**

**Holly Harrison @ 250 724 5757 for more details.**

**Any First Nation, Metis, or Inuit person residing within Nuuchah-nulth region is encouraged to apply!**

**Visit Evan in person @ #4– 1636 Peninsula Rd. Ucluelet BC, or**

**Holly in person @ 5001 Mission Rd. Port Alberni BC**

This program offered through NTC Nursing & Nuuchah-nulth Employment & Training Programs

Funding provided in whole by the Government of Canada



Canada



# Youth Page



Maria riding the long board.

The Grade 3 class from Ucluelet Elementary School visited the community centre in Hitacu last week for a tour. They are left to right Aidan, Evan, Jeremy, Orson, Tyson, Marcus, Jack, Drake, Dylan and Ms. Cirella. Front row, left to right: Vanessa, Ava, Mora, Rheanna, Olivia, Emme, Caitlyn, Fiona, Mya and Anastasia.

**A Christmas Party**

**Tuesday, December 15th**  
at the gym in Hitacu  
Santa arrives at 4 p.m.  
Dinner starts at 5 p.m.

*Annual Community Photo & Christmas Caroling after dinner*  
**Everyone welcome.**



Michelle Ralston is the newly appointed Early Childhood Education worker at the Ittatsoo Daycare.

## Second teacher for Ittatsoo Daycare

Michelle Ralston has been hired as a second instructor at the Ittatsoo Day Care on a four month contract. The day care attendance has swelled in recent weeks going from a handful of children to eight regular children and a pair of twins that will be attending twice a week.

Day Care supervisor Vickie Touchie now doesn't have to balance her activities quite so much at the day care. "Sometimes it would be tricky to get the dishes done," she laughed.

"Michelle was inspired by her Mother-in-law who was an early childhood educator. "She's so patient," glowed Michelle. She said working with children is very rewarding because you get to watch youngsters grow until they are off to Kindergarten. "You get very attached to the children and get to know their families because we see them every day," she commented. Michelle said working with kids is fun because, "it brings out the kid in you,"

Michelle has been an Early Childhood Educator for 11 years, after graduating with a diploma from North Island College in Port Alberni. She has worked for the Tseshaht, Ditidaht and Tla-o-qui-aht nations. Michelle is married to Jason Sam, whose father was the late Tom Sam of Ahousaht. Her husband is the Aboriginal Education Worker at Ucluelet Secondary School and the pair live in Ucluelet with their three children.

"I'm very passionate about culture and language," she commented. She has picked up some Nuu-chah-nulth words and phrases through her work and teaches her own children at home. "I want my kids to know their roots," she added.

Vickie is thrilled to have the assistance at the day care and commented, "we're lucky Michelle came knocking on our door."



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA



## Aboriginal Management Certificate 2016

Open minds. Open doors. Open worlds.



### LEITH WHEELER AWARDS - \$6,500 AVAILABLE FOR TUITION

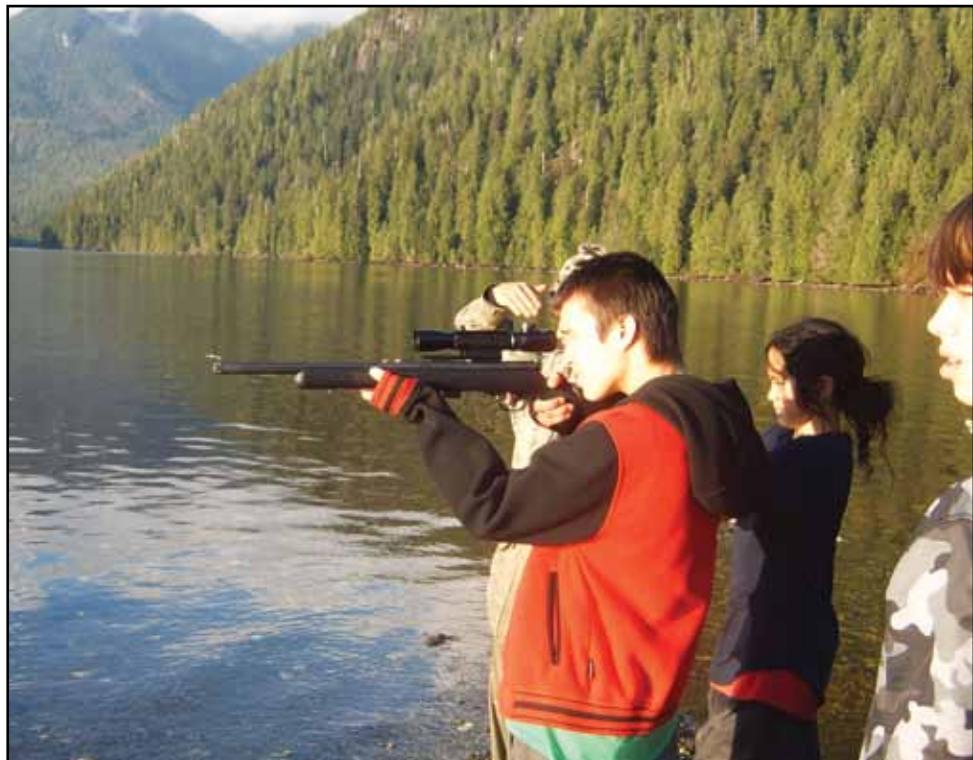
Aboriginal participants (First Nation, Metis, Inuit, status and non-status) from across Canada have attended Ch'nook's Aboriginal Management Program (AMP). Graduates receive a certificate from a world-class business school – the Sauder School of Business at the University of British Columbia.

Sessions are held in Vancouver, led by distinguished Sauder faculty and industry experts. Explore business fundamentals in a professional Aboriginal context. The AMP is a part-time program that is designed to allow you to learn while continuing to work or operate your business.

Start date is January 25, 2016. See our website for more details [www.chnook.org](http://www.chnook.org)

Application Deadline is December 7th, 2015

Call (604) 822-0988 or email [chnookadmin@ch-nook.ubc.ca](mailto:chnookadmin@ch-nook.ubc.ca) or visit our website [www.chnook.org](http://www.chnook.org)



## Warriors spend weekend at camp in traditional territory

The Warriors spent a night at the camp in the Traditional Territory at Effingham Inlet in early November. Two boats left Hitacu on Saturday, November 7 with seven adults and three young men. The idea behind the weekend retreat was to practice hunting techniques that have been taught in the Warrior program.

Two groups were formed,

one to walk through the woods and hunt and the other to go crabbing and prawning. In the afternoon a target practice was set up and everyone worked on marksmanship skills. Dinner was served by the campfire with some traditional foods such as bannock, crab and oysters and some non-traditional foods including: hot dogs, chili and smores. Everyone was impressed with Dennis Touchie's adaptation

of an old construction helmet to use as a bannock mixing bowl. (sorry, no photo available). "After one try, he perfected the mix, wrapping method and fire temperature to make an amazing fire roasted bannock," the Warriors' group facilitator Ricardo Manmohan commented. He added, "the young men were exhausted and went to bed pretty early."

"We woke up on Sunday at 5:30 a.m. before the sun came up and took the young men out to the bluffs with good observation that we could hunt from. Surprisingly, they were very excited to come up with us so they had no problems at all getting up that early," Ricardo noted.

The group walked an old logging road on the other side of the inlet following deer tracks and they encountered a large bear. The group

enjoyed the day, hunting, crabbing and prawning and returned to Hitacu at dinner time with prawns and crabs in tow for the elders.

"This was an amazing weekend and everyone had a great time. The young men were excited to get out onto the land to hunt and learn about the area. While we were still there, they were asking about when we would be coming back out to the camp," Ricardo said.

"We fired a lot of rounds over the weekend but didn't actually kill anything; the experience of being there together was amazing," Ricardo said. Due to the remote location there is no cell service and Ricardo said not having electronic gadgets to impede conversation, aided in the men, young and old, enjoying one another's company. Adult participants were: Dennis

Touchie, Ray Haipee, Jay Millar, Dennis Hetu, Carlos Mack, Marcel Midlane and Ricardo. The youth who attended were: Bryson George, James Walton and Evan Touchie.

On Monday nights after the Warriors program the young men have been playing sports. On November 9<sup>th</sup> the group played volleyball against other community members and had so much fun they are going to continue to challenge the community members once a month. "The amount of laughter we had and the number of people in the stands was great to see; it turned out to be an impromptu community volleyball game," he said. Playing for the Warrior's team were: Kyle Kervin, Darryl Tate, Bryson George, Peyton George, Max McCarthy, David Taylor, Dennis Touchie, Dennis Hetu and Jay Millar.



# Community Newsmakers



Chris Bird of Sonbird Refuse and Recycling recently delivered recycling bins to Hitacu. The bins will be used for recycling from the community kitchen at the community centre.



Thirteen citizens attended the NETP Marine courses last week: Med A-3, SVOP/ROC-M, participants were: Lance McCarthy, Joe Thompson, Jay Millar, Jim Touchie, Jeremy Valentine, Rose Touchie, Lance Williams, Melody Charlie, Jamii Walton, Calvin George, Gert Touchie and Delaney Clayton.



## New hydro sub-station has doubled west coast capacity

Yuulu?i?ath Legislature member Gordon Taylor Jr. joined elected officials from the west coast to tour BC Hydro's new Long Beach substation. With an investment of \$56 million dollars, BC Hydro has now doubled its power capacity to the West Coast.

BC Hydro said the Long Beach substation near the Hwy. 4 Junction near Ucluelet and the Great Central Lake substation near Port Alberni, were both outdated

and were not capable of carrying more load to meet future growth. Some of the equipment in the two stations was antiquated, dating back to the 50s.

The new Long Beach substation is expected to be able to deliver adequate power for the next 30 years and can carry double the capacity of the old sub-station. Power consumption on the west coast is expected to grow by two per cent annually.



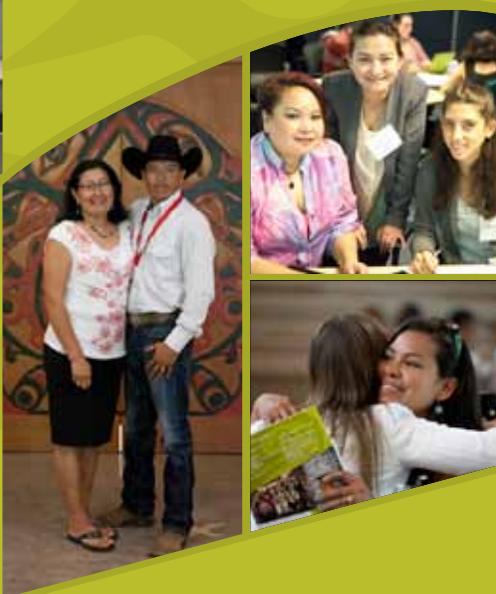
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Sunday mornings at  
11 a.m.

### Patient Travel Assistance

If you require patient travel assistance we kindly ask that you submit your forms to the Yuulu?i?ath Government office 5 days in advance of your appointment date.

## Wya Resort becoming a popular wedding destination

**W**ya Resort is proving pretty popular for weddings; this past summer 10 weddings were held at the resort and another 11 have already been booked for next year.

Felicia Fernie is the wedding and events coordinator for Wya Resorts and Accommodations. “Everyone loves the beaches and the fact that they are so private,”

she said of Wya and Ucluth beach. Typically, wedding feasts are held on the beach and caterer Tim May from the Red Can Gourmet in Tofino cooks salmon.

“Our staff gets the fire going and sets up the site and then Tim and his staff come in and do the cooking,” she said. Vi Mundy has been used as the wedding commissioner for most of the weddings and Felicia said a number of guests have asked about having traditional blessings be part of their wedding ceremonies.

“June was really busy,” she said, noting that some wedding parties rented the entire resort, and others rented the lodges for a few days. The Wya Website now has a variety of wedding packages to choose from.

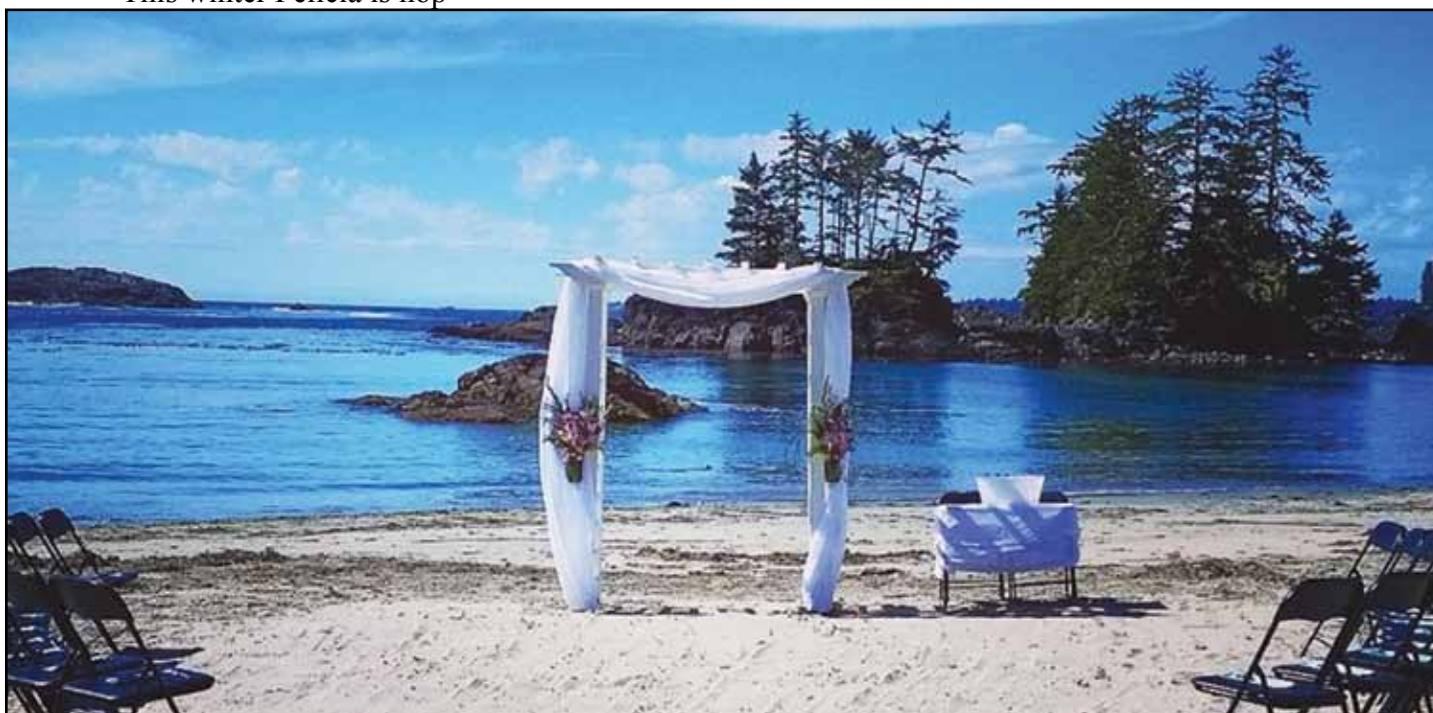
She’s also going to be representing Wya Resort at the Vancouver Wedding Show along with the YFN Management PR person, Tiffany from Avenue PR in Vancouver.

This winter Felicia is hop-

ing to host a number of public events at the Feast House once it has been vacated by the restaurant operator, which is expected at the end of this month. “I like to have events all winter such as local Christmas parties or murder mystery, ticketed local events that keep business coming. It’s great to utilize the space and keep it open all year.” She said.

Felicia joined the Wya Resorts and Accommodation LP this summer. She has been a certified

event and wedding planner since 2011 and until this year has worked at the Black Rock spa. Recently she has designed wedding packages that range in price from \$4000 to \$10,000 for the bride and groom who are looking for a simple but elegant wedding or a fancy beach wedding. Besides setting up for the wedding event and meal, Felicia also takes care of everything from the champagne and flutes to chair rental, flowers and the bride’s hair and make-up.



## Electrical Foundation program comes to Port Alberni

Yuulu?il?ath citizens living in Port Alberni and citizens living in Hitacu will have an opportunity to start electrical careers, without leaving Port Alberni and the West Coast this winter.

Applications are now being accepted for the new 24-week Electrical Foundation program starting this

February.

“This is a unique opportunity to start one of BC’s most in-demand trades,” said Cheryl O’Connell, NIC’s Dean of Trades and Technology. “By 2024, the BC Labour Market estimates BC will need 5,400 electricians to fill vacancies. We wanted to support Port

Alberni students in entering those trades close to home.”

In the program, students gain knowledge and skills for entry-level work electrical work. On completion, they work in the field or continue training as an apprentice electrician, working side-by-side with Red Seal certified electricians to install, assemble, test, troubleshoot and repair electrical wiring, fixtures and related equipment for commercial and residential customers.

One of those electricians, Fred Gray, owns and operates Aines & Tyler Electric Co. Ltd, a full-service residential, commercial and industrial electrical company in Port Alberni that employs about a dozen staff, including two apprentice electricians.

Many years ago, Gray had to leave Port Alberni for the Lower

Mainland to achieve his Red Seal certification.

“Having the foundation program here in Port Alberni is a great opportunity for local students,” he said. “There’s a big waiting list for electrical training and it’s nice to know there are more seats available in Port Alberni.”

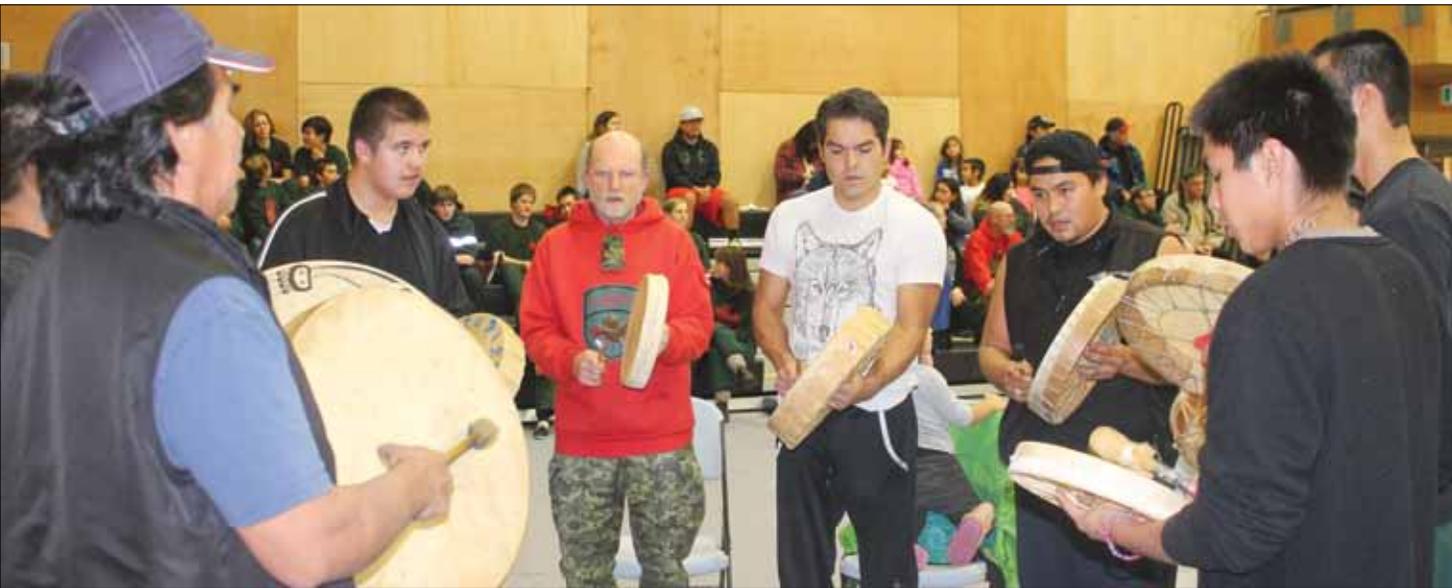
NIC works closely with Greg Freethy, the School District 70 Career Education Coordinator to develop student opportunities.

“Having the Electrical Foundation program in Port Alberni is definitely a bonus,” Freethy said. “The partnership between the school district and NIC is definitely strong and moving in the right direction with more opportunities for students to study locally.”

For more information, or to apply visit [www.nic.bc.ca/trades](http://www.nic.bc.ca/trades) or call 1-800-715-0914.



# Language and Culture



## Junior Canadian Rangers visit Culture Night

The Junior Canadian Rangers visited the Yuulu?il?ath soup kitchen and culture night recently, marking the third anniversary of their visit.

“This is their third year and it seemed like they were more comfortable,” said Debbie Mundy, who organizes the soup kitchen. About a dozen Ranger members and their leaders joined the community for dinner and also joined in the drumming and dancing.

“They are really good role models. They come and help out, putting away tables and chairs, and helping to clear the dishes; it’s really nice to see,” Debbie commented.

Helping clean up and helping prepare the meal is done mostly by volunteers and they have been scarce this year, Debbie said. “It’s a lot of work getting a meal together twice a week and getting the gym set up and then also the clean up afterwards; it’s a big job,” she said. Helping out by clearing the tables and putting away the chairs is very much appreciated. “Most people are now



clearing their plates and if we could get them to fold and put away their chairs it would be such a help,” she commented. Many hands

make light work, the saying goes, and it’s true, with the Rangers assisting with the clean-up it took only minutes to clear dishes, clean and put away tables and chairs and get the floor swept and all that has to be done before the dancing can start.

There are some reliable volunteers who come to help out regularly and a few families have stepped forward to prepare meals but Debbie said more volunteers are required in order to continue providing the soup kitchen twice a week to the community.

The soup kitchen normally attracts many people to dinner twice a week. On Tuesdays soup and bannock is served and Thursdays there is usually fish, rice and a veggie.

“It’s popular and people seem to appreciate it, but we need them to appreciate it more by helping out. I personally think it’s wonderful that the community can come and enjoy a meal together, it’s so good for the community to share a nutritious meal and enjoy one another’s company. So please, if you want the soup kitchen to continue, we need your help. Whatever help you can provide, it will be appreciated.”

Any youth from the west coast are welcome to join the Junior Rangers if they are 12-18 years old. They meet on Thursdays from 7-8:30 p.m. at the UAC hall in Ucluelet. Membership is free and the uniforms and camps are free. Through the Rangers the youth learn life skills, Ranger skills (camping and survival) and traditional skills. Joining in culture night activities is part of the traditional skills portion of the program.

