



Yuułuʔiłʔatḥ Government H e a l t h & T r a v e l

February 18, 2021

Yuułuʔiłʔatḥ - Ucluelet First Nation,

hitaču Residents (and Citizens residing in Ucluelet), please avoid all non-essential travel outside of the community at this time, due to the increase in number of cases in the neighboring cities, Victoria, Duncan, Nanaimo and Port Alberni. It is requested that you do not travel to these regions unless it is deemed **essential travel***. Stay local and travel only when needed.

Vaccinated? Travel restrictions and all other Yuułuʔiłʔatḥ and Provincial issued restrictions still apply, even if you have recently been vaccinated. Vaccinations will help your personal immunity towards the COVID-19 virus but is not guaranteed to stop the spread of COVID-19 to your friends, family, or other individuals.

If you need to travel, please practice COVID-19 precautions, monitor your health, and follow the public health guidelines. If you, or anyone in your travelling group, develops symptoms while travelling, self-isolate and stay away from others.

Contact Community Nurse at **(778) 942-0578**, dial **8-1-1** or use the BC COVID-19 Self-Assessment Tool <https://ca.thrive.health/covid19/en> to help you find out if you need further assessment or to be tested for COVID-19.

Essential Travel

- ☞ Travelling for work, school, medical appointments.
- ☞ To obtain groceries, medicines, and other essential items.
- ☞ Travelling to care for someone like a family member who is ill.

Non-essential Travel

- ☞ Travel for tourism, entertainment, or recreation. Stay local for these activities.

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