



Yuułu?i?ath Government P r o v i n c i a l H e a l t h O r d e r s

January 20, 2022

Provincial Health Orders have been updated.

Due to further transmission of the Omicron variant, the Province of British Columbia has updated the Provincial Health Orders effective January 20, 2022.

Updated orders will be in effect (extended) beginning January 20, 2022. Please see the below recap of restrictions. If you require further information, please view the Provincial Health Orders at www2.gov.bc.ca/gov/content/covid-19/info/restrictions.

Extended Province-Wide Restrictions

Restrictions have been extended to February 16, 2022

- 🌀 Gatherings limited to your household, plus one other household or 10 guests (all vaccinated).
- 🌀 Indoor organized gatherings of any size are not allowed. This includes parties, weddings, and celebrations.
- 🌀 Indoor events at venues can only have 50% capacity. This includes events like concerts, sports or movies
- 🌀 Bars, nightclubs and lounges are closed.
- 🌀 Restaurants, cafes and pubs can have a maximum of 6 people at each table.

Lifted as of January 20, 2022

- 🌀 Gyms and fitness centres will slowly begin to open with policies and procedures in place.

Provincial Safety recommendations

In addition to the orders, the PHO strongly recommends:

- 🌀 Keep gatherings small and only with those you know are fully vaccinated
- 🌀 Outdoor gatherings are safer than indoor
- 🌀 Reduce social interactions
- 🌀 Ensure proper ventilation indoors by opening windows
- 🌀 Avoid all travel, if you're not fully vaccinated
- 🌀 Follow the current federal travel advisory
- 🌀 Stay home if you feel sick

YG Recommendations

If you have been EXPOSED

- 🌀 **Self-monitor** for symptoms for **14 days**.
- 🌀 You do not need to self-isolate.
- 🌀 Self-monitoring allows you to attend work, school & regular activities.



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If you have tested **POSITIVE**

- 📞 **Self-isolate** for **14 days** (test date is day 1).
- 📞 Inform UFN Health Nurses.

If someone in your **HOUSEHOLD** tested positive

- 📞 **Avoid further exposure** to that person.
- 📞 **Self-isolate** and **self-monitor** for **14 days**.

When you have tested **NEGATIVE**

- 📞 **Self-isolate** until your symptoms disappear.

Covid Immunization Clinics in hitaču.

Monday, January 24, 2022

- 📞 3:00pm-6:00pm at the huuᓅatu Health Centre; this clinic is for children aged 5 years up to 12 years old.

To make an appointment for any of the above clinics, please call huuᓅatu Health Centre reception at (250) 726-7343. If you have any questions or concerns or would like further information on the vaccines, please call Judy Gleeson, RN a (778) 942-0579.

If you have any questions about a lost vaccination record or if you are not able receive a COVID-19 vaccination due to health restrictions, please contact the general helpline at Island Health; 1-877-370-8699 or visit www.islandhealth.ca.

Sincerely,

Yuułuʔiłʔatḥ Government – Ucluelet First Nation

*Updated Provincial Health Order information has been directly extracted from www2.gov.bc.ca/gov/content/covid-19/info/restrictions.
If you feel sick, stay home, and opt for a test if you COVID-like symptoms and are advised by a doctor or nurse. 24/hr Nurse Helpline: 8-1-1.*