



Yuutu?it?ath

# Umacuk

Spring 2021 | Volume 12





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*Maa-nulth Celebrates 10 Years!*



*Photos: Front Cover: Melissa Boucha, Back Cover: Jonquil Crosby*



**WildSafeBC: Credit J. Couperus**





British Columbia Conservation Foundation



The WildSafeBC *łichuuł hitaču-Macoah* program had an active year assisting with initiatives to promote wildlife coexistence through community solutions and education. Outreach was done with consideration to COVID-19 restrictions. When possible, it included door-to-door canvassing, public booth displays, bear spray demonstrations, electric fencing support, new signage installations and educational outreach initiatives. You can access and view our year-end-report at [wildsafebc.com](http://wildsafebc.com) to see more of the activities the WildSafeBC *łichuuł hitaču-Macoah* Community Coordinator has been working on this year.

The program will be in hibernation until the spring, but I look forward to being back around mid-April to assist the community in any way I can to keep wildlife wild and all communities safe! Please don't hesitate to reach out if you have any questions or suggestions. WildSafeBC also has several resources and information on its website at [www.wildsafebc.com](http://www.wildsafebc.com) to provide best practices and tips as well as the local WildSafeBC *hitaču-Macoah* Facebook.

Even if most *čims* (black bears) are still inactive at this time of the year, some *čims* have been observed accessing attractants in the region this winter and others might start to emerge early from their dens. As the spring season progresses, more and more *čims* will emerge, with sows and cubs being the last ones to leave the den. In preparation for more *čims* activity in the region, it is crucial to keep all attractants secure and ensure that the community bins are well-latched.

During the winter and spring, wildlife conflicts can still be reported to the Conservation Officer Service RAPP line at 1-877-952-7277. Residents can also visit WildSafeBC's Wildlife Alert Reporting Program (WARP), available at [www.wildsafebc.com/warp](http://www.wildsafebc.com/warp) to see what wildlife has been reported in your neighbourhood and be alerted to new sightings. Information regarding *čims*, *kayuumin* (cougar) and *q'ay-aciik* (wolf) activity and conflicts need to be reported early so that the Conservation Officer Service can be as proactive as possible. This also helps inform WildSafeBC's education efforts.

Thank you everyone for the great season and I look forward to seeing you all again soon.

*Marianne Paquette, WildSafeBC łichuuł hitaču-Macoah hitacu-macoah@wildsafebc.com*



WildSafeBC. Credit M. Rushmore

# hitaču Receives First Round of Anticipated Vaccinations

With a few days notice, hitaču received the green light for the much anticipated COVID-19 Vaccination Clinic, issuing the Moderna vaccine. NTC nurses vaccinated roughly 150 residents within the two day clinic. We connected with elder Vi Mundy, and Executive member's Jenny Touchie and Jeneva Touchie, on their thoughts of the vaccine, process, and expectations.

Elders, Vi and Bob Mundy both received the vaccination. "We both feel relieved having a shot as this covid-19 all over BC and country is spreading," writes Vi. "Having the shot is one way of protection, besides the hand washing, staying the distance, it is hard, but again, it's our family and friends we have to consider. We vaccinate to protect our future; we also vaccinate to protect our grandchildren and their grandchildren". Vi raised concerns for the vaccination availability for urban citizens and expressed the need for push in the health care system.

Executive Member Jenny Touchie notes the feeling of hope, "It's been an incredibly difficult year. A global shift to decrease connection with loved ones, friends, and colleagues to help stop the spread was a lot to ask of people. I feel a sense of relief for my own safety, but I still feel a sense of responsibility to protect those who have yet to get the vaccine or those who may wish to not take it. It was the right choice for myself and my family".

Jeneva Touchie followed the same sentiment, "I feel relief for the first time since the pandemic started. It has been a long 11 odd months and I know we still have a way to go yet but it is the beginning of hopefully the end of this ongoing crises. I can't wait to be able to share a dinner with my family safely, to visit my friends out of town. I have a new niece that I am unable to

meet due to the pandemic and I can't wait to meet her."

The vaccination process at hitaču's Cixwatin Centre was well organized and comfortable. The Health and Social Services Team, in conjunction with NTC Nurses, displayed an effortless system from entry to departure. Citizens were comfortable and well informed. The vaccination was noted as painless for most and highly informative for all, in-



cluding FAQ's and information on possible side effects. "It's a totally unique experience to each individual. I have had only a few small side effects such as a tender arm from the injection and some general tiredness. Happily, nothing too serious at all!" writes Jenny.

At time of this article, Urban Citizens have still been awaiting their turn for the vaccination. As BC continues to unfold their vaccination roll-out, this too will include Indigenous individuals. "I know many have been patiently or impatiently (like myself) waiting for the vaccine, please listen for upcoming announcements in your respective areas when the vaccine clinic will open" writes Jeneva.

"I understand the wariness of getting the vaccine. These are unprecedented

times; the collective world has come together for a solution. To better protect ourselves and those we love I encourage people to get the vaccine." The Health and Social Services Department has continued to work closely with Island Health to get further information on vaccinations for Urban Citizens." As Jenny continues to note, "the vaccination roll-out will be a different experience than the vaccination clinic in hitaču. I encourage all urban citizens to continue to be vigilant in following safety guidelines while we push for access to vaccines for urban populations. Most importantly, ensure you are subscribed to the YG newsletter, follow updates through the official YG Facebook page and continue to connect with your family/friends to make sure they are staying up to date as well. For those who may be unsure about the vaccination, please talk with your doctor to determine if it is the right choice for you. If you are seeking in depth information about the vaccine, please seek information from reputable sources such as your doctor, the Centre for Disease Control (CDC) or the BC Center for Disease Control (BCCDC). If you choose not to get the vaccine, I hope that you can continue to adhere to COVID guidelines to limit your exposure and prevent the spread to others who have not been vaccinated."

"In my opinion, it means another layer of protection for the community. While we build herd immunity, this first round of vaccines is helping us strengthen that safety net to help us limit the spread. I hope that residents of hitaču can start to feel less anxious of an outbreak, particularly given the limited capacity of our shared local hospital. With spring around the corner and more daylight, I'm hoping we all get to start experiencing an improvement in our mental health and wellbeing."

*ġeekoo Vi Mundy, Jenny Touchie, and Jeneva Touchie for providing much thought on this topic and guiding the way for hitaču during this time.*





Photo by: Melissa Boucha

# A Whale of a Time in the Ucluelet Harbour

**Mid January**, the Ucluelet harbour embraced a pod of kaka<sup>w</sup>in (orcas) for feeding. The visitation spurred up a frenzy and saw an entourage of Ucluelet residents flock to the harbour front for viewing.

I came across hita<sup>c</sup>u resident, Joe, outside of the Foggy Bean Cafe, at the old St. Aidan’s Church on the Hill. Noting the eagle’s perched along the tree line off in the distance, recognizable for the dots of white speckling the contrast of green, we got to talking about the kaka<sup>w</sup>in pod in the harbour.

Joe recalled from stories passed down to him, the kaka<sup>w</sup>in come in to the harbour to teach their calf how to hunt.

Wherein the calf in this particular pod, had earlier captured a sea lion by the main Government, aka Whiskey Dock, confirmed by a passerby who witnessed the action.

The pod, feeding in the harbour, took their time to venture back out in the open waters. Creating a stir among the community, at times putting on a little show. With an hita<sup>c</sup>u backdrop, Ray Haipee’s beloved canoes, this could not have been more of a magical moment and a welcome for the new year!

It is important to remember to let the pod be, turning off motors on boats and not approaching the pod, especially in the midst of feeds.



Photo by: Melissa Boucha



Photo by: Melissa Boucha





Photo by: Jonquil Crosby

## 2021 ʕusmit Spawn

For Yuuʕuʔiʔaʕh in hitaʕu and surrounding coastal areas, the transition to spring has shown itself with the arrival of the ʕusmit (herring). For weeks prior to spawning, ʕixʕatin (eagles) have been joining the sea lions, qʕinii (sea gulls) and other maamaati (birds), ʔiihtuup (whales)/ humpbacks, as they fed upon the balls of Pacific herring at sea.

Pacific herring and their roe are vitally important to coastal ecosystems, both ocean and land, and have been part of a seasonal traditional diet of coast peoples from time immemorial. Each female herring can lay up to 20,000 eggs and will spawn many times throughout their lives. The sticky spawn can attach to kelp and sea grasses, as well as intentionally placed hemlock and cedar boughs left to soak and later collected. The arrival and spawn of these pelagic offshore fish coincide with the gray

whale migration, and the arrival of tens of thousands of sea birds such as surf scoters, or sea ducks, gulls and grebes.

Tragically, herring numbers are not what they once were. Crashes in population have been recognized, in part, because of the industrial herring fishery, as well as the loss of suitable shoreline habitat (including the loss of eelgrass beds, increased log sorts, dredging, etc.), greater predation from rising marine mammal populations (sea lions and humpback whales), oil spills, and climate change effects.

In 2017, leadership from the Nuuchahnulth Nations gathered at the Council of Haʕwiih Forum on Fisheries to discuss the low

numbers of ʕusmit and siihʕuu, and agreed that only food and ceremonial fisheries would occur for the following four years or when it was deemed that the herring populations had made a sustainable comeback. The Pacific Fishery Management Areas 23 to 25 for the commercial herring fishery are closed again for the 2021 season.

To gain data on the amount of spawn

Photo by: Melissa Boucha

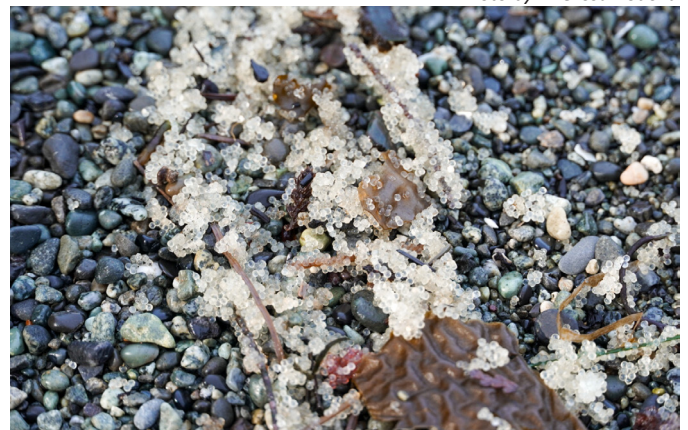






Photo: Jonquil Crosby



Photo by: Daryl Keeble



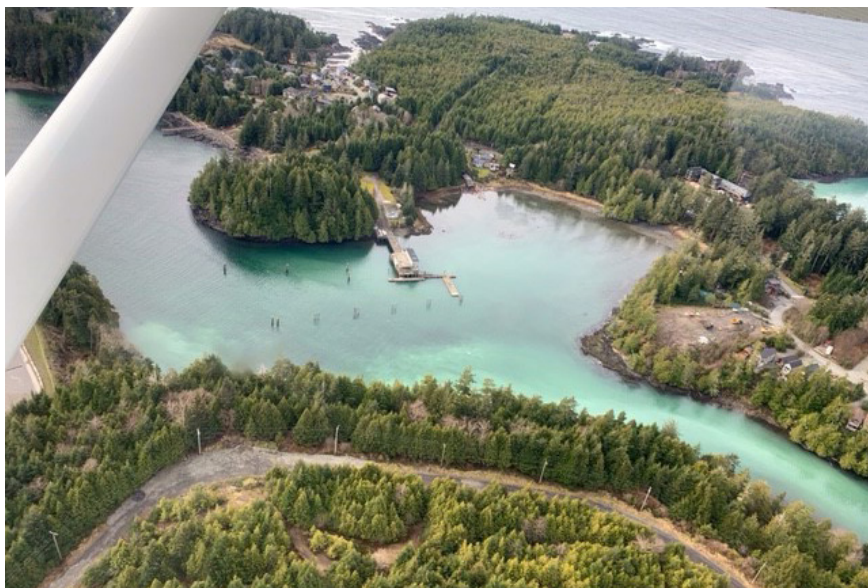
Photo by: Jonquil Crosby



Photos by: Jonquil Crosby

occurring coast-wide in Areas 23, 24 and 25 (Barkley Sound to Esperanza Inlet), the Department of Fisheries and Oceans contracts for overflight surveys (mid-February through April), the seine test vessel and dive teams. First Nation contractors conduct Herring spawn reconnaissance, supplemental surface spawn surveys and FSC catch monitoring.

The ʕusmit spawn was a few days later than last year, however, it did not disappoint. Though not at historic levels, the spawn brought on milky shorelines full of life. On March 11, 2021 Barkley Sound turned emerald green with siih̓muu (herring eggs). On March 12, the spawn stretched from the food islets down past Maggie River and over to the Stopper Islands, along David and Forbes Islands. In Yuuʕuʔiʔath Territory, there was a light spawn, lasting a few days, at Terrace Beach (March 12) and then over into Spring Cove (March 13).



*Jonquil Crosby, Manager of Fisheries & Wildlife  
Yuuʕuʔiʔath Government - Ucluelet First Nation*





Photo by: Melissa Boucha



# What a Snow Day!

We were told the snow was coming, am not sure if everyone on the West Coast quite believed it. But, here it came and there it was!

The West Coast is known to be fore-gone during snowfalls, but 2021 had other plans. Waking up to sparkling white fluff, blanketing houses, streets, beaches, and decorated the trees, the postcard scene offered a nostalgic feel.

The last large snowfall would have easily been 20 years ago. This year, Ucluelet could have been mistaken for a Ski town. Whistler perhaps?

In light of all the snow, what better way to celebrate the day, then to head outside for sledding, snowman building, and snowball fights with your family, it was Family Day weekend after all. AND make it a family friendly photo contest!

Yuufu?if?ath issued a Family Day, Snow Day contest on Social Media for citizens. As the weekend carried on, we were excited to see citizens near and far, share photos of families enjoying the snow day activities.

We thank submissions from Savannah George, Asya and Alex Touchie, Yan-

ny Poilievre, Kirk McCarthy, Mary-Lou Klotz, Jasmine Freeze, Amy Martin, Carlene Louie, Kimberly Baines, and Ray Walton. All titled photos can be found on Facebook.

Three winners were selected at random and were notified via email. Åee-koo to everyone for submitting and we look forward to the next snowfall or photo contest, whichever comes first.

Photos: This page top: Elder Sheila Touchie  
This page bottom: Christine Aday-McCarthy with Jack the Dog

*All photos approved by submitter to share.*



Photo by: Melissa Boucha







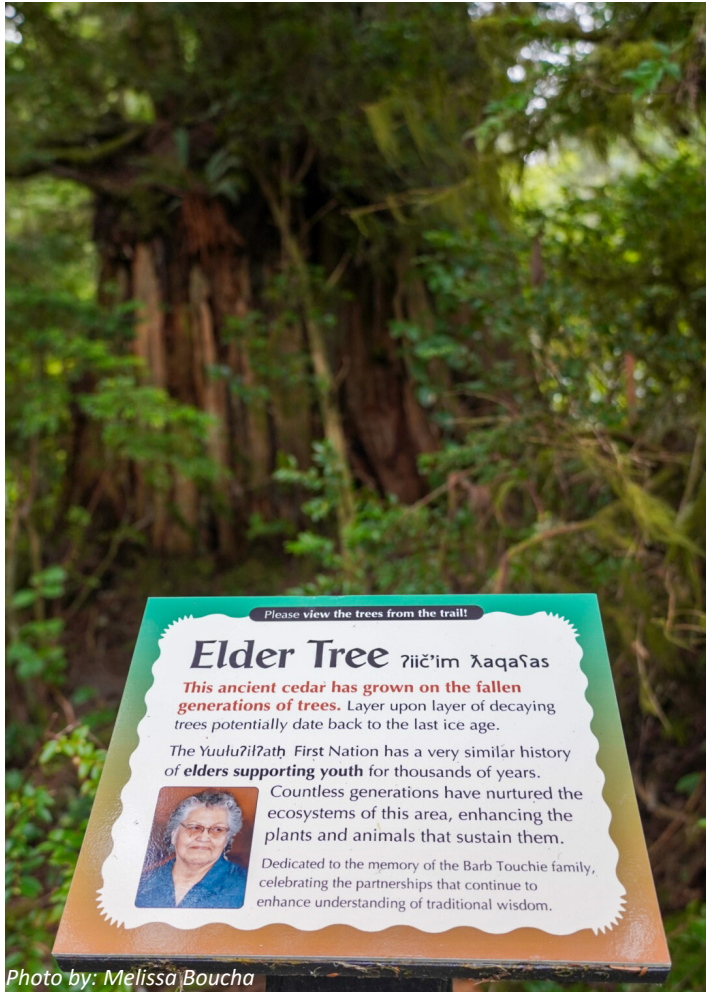


Photo by: Melissa Boucha

**The plaque reads:** This ancient cedar has grown on the fallen generations of trees. Layer upon layer of decaying trees potentially date back to the last ice age. The Yuuʔuʔiʔaʔ First Nation has a very similar history of elders supporting youth for thousands of years. Countless generations have nurtured the ecosystems of this area, enhancing the plants and animals that sustain them. *Dedicated to the memory of the Barb Touchie family, celebrating the partnerships that continue to enhance understanding of traditional wisdom.*

**Spring Cove**, a wealth of history, beauty, lush growth, CMT's, and now, accessible for the first time as an Interpretive Trail, open and accessible to the communities and visitors.

The Spring Cove Interpretive Trail is highly informative, inclusive of a respectfully acknowledged Elder Tree, paying homage to late elder Barb Touchie. The entrance is cross the road from the He-Tin-Kis parking lot. The short stroll can take roughly 10-15 minutes, of course extra time can be added to peruse the views and read the informative plaques.

Upon entering the trail, you stroll through lush growth where the trail winds down to the water front with first stop views of Spring Cove and the old BC Packers Plant. The trail loops up to upper views of the Cove, winds peacefully passed the Elder Tree, and finishes off winding through growth as when you first come in. Although you do cross behind a small campground with launching access to the waters, there are reminders to the sensitive area and keep to the trail.

This short, informative trail is a must do for a weekend lap, complete with a couple unexpected treasures!



Photo by: Melissa Boucha



# A Walk Through Spring Cove Interpretive Trail

Photo by: Melissa Boucha



# Offshore Earthquake. TSUNAMI?!

*Head to higher ground they warn.*

What is one thing we do not want to hear living on the West Coast? The dreaded phone call to head to higher ground or worse, the tsunami siren. Living in an active region, we are all too familiar with late night wake up calls and small earth shifts here and there. We do live within the 'Ring of Fire'. But what does the online warning system actually mean?

When a higher magnitude earthquake strikes offshore locations such as Japan, Indonesia, or Alaska, there are levels of information to expect and receive, living on the West Coast

of Canada. What are these levels of communication?

First, you will no doubt log on to Facebook and realize an earthquake has struck. If you are signed up for alerts, you may have received an alert to your phone. This initial alert will also come with an international threat. Threat may immediately impact the region of the earthquake, the West Coast will not yet have much information other than a Risk.

From there, threat to the West Coast of Canada (and US) will be monitored. Here we will be issued a **Watch** and will wait for more information. This is usually our general experience here out on the West Coast, with exceptions of course.

When an **Advisory** is issued, we are on a higher alert to stay clear of beaches and water ways. Prepare your family and safety kits to possibly have to move to higher ground.

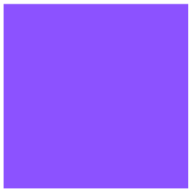
A **Warning** has been issued. If a Warning to head to higher ground is mandatory, you will know. Local sirens will sound, the Fire Department may notify your neighbourhood. If you are in hitaçu, the main office is prepared to issue alarms to make sure residents make it up to the Cix<sup>™</sup>atin Centre. This is serious and not to be taken lightly, but to be taken calmly. Gather your family and safety packs.

Exception to the rule: IF there is an earthquake magnitude 7+ within the offshore waters of Ucluelet or Vancouver Island, you must head to higher ground immediately. There is approximately 15 minutes to get to higher ground before a Tsunami surge rolls into the Coast.

As daunting as it is, we have all been there, experienced a shake, a warning, even maybe a Tsunami itself. Knowledge and preparedness is power in the result of a natural disaster. Have a safety plan with your family. Always have a back pack ready to go with water, dried food, extra amenities, and warm clothes.

Reminder the Tsunami sirens sounds every third Wednesday of the month. To sign up for the Districts calling system: [www.ucluelet.ca/community/emergency-services/emergency-notification](http://www.ucluelet.ca/community/emergency-services/emergency-notification). This system will issue an email, text, and phone call (if you leave all information).

## International



### Risk

*Dangerous coastal flooding and/or strong/unusual currents dangerous to those in or very near the water*

- Seek more information, follow instructions from national & local authorities

## Canada/U.S.



### Watch

*Information not yet known*

- Stay tuned for information
- Be prepared to act

## Canada/U.S.



### Advisory

*Strong currents and waves dangerous to those in or very near water*

- Stay out of water, away from beaches and waterways

## Canada/U.S.



### Warning

*Dangerous coastal flooding and powerful currents*

- Move to high ground or inland

Reference: [tsunami.gov](http://tsunami.gov)





UMBA volunteers and UFN youth work on a mountain bike trail in Ucluelet First Nations territory. (UMBA photo)

## Landmark agreement between Ucluelet Mountain Bike Association and Ucluelet First Nation an exciting boon for Indigenous community and local riders

*“The backbone of every mountain bike trail network is volunteer work.”*

**Up Mount Ozzard, trail building hums** along in tandem with decolonization. Back in July 2020, Ucluelet Mountain Bike Association (UMBA) signed a landmark License of Occupation (LOO) agreement between Ucluelet First Nation (UFN) to develop a network of mountain bike trails on UFN Treaty Lands.

“The signing of the License Of Occupation agreement with the Ucluelet Mountain Bike Association is an important positive step forward for our Nation and one that I support. We are looking forward to seeing how the partnership develops, as it is still in the early stages. We appreciate that the UMBA has officially recognized our title on the land, and we have retained 100 per cent decision making authority on anything that UMBA wishes to do regarding the trails. We will continue to engage in work with the UMBA and rely on the expertise of Markus, for building these trails and supporting our Youth with skill development,” noted UFN President Charles McCarthy, with reference to the September edition of the Umacuk, the Nation’s newsletter.

Markus Rannala is the president of the non-profit UMBA. From day one, Rannala says UMBA has operated with the mandate that trail building would not proceed without consent from local First Nations.

“Our sincere hope is that UFN finds a great deal of value in these projects as well for their youth and for their commu-

nity. We are committed to fostering that relationship,” he told the Westerly.

Since incorporating as a non-profit in the spring of 2020, UMBA volunteers have put in about 2,000 volunteer hours of work on the trails. In the shoulder season, they received a \$15,000 grant from Tourism Vancouver Island’s Catalyst Fund, which enabled UMBA to provide paid positions to a rotating roster of UFN youth trail building crew.

“The backbone of every mountain bike trail network is volunteer work. [UMBA] differs from other projects in that it is generally the users that are out their building. Involving the First Nations youth in a project on their land from square one with an end game of providing meaningfully annual employment makes for a very different type of community infrastructure project,” said Rannala.

Patrick Lucas is a community planner and the founder of the Youth Indigenous Mountain Bike program. He works with B.C. Indigenous youth on trail building projects and educates groups on how to foster relationships between First Nations and non-Indigenous communities. “Colonialism and recreation has always been kind of linked. I always use Oka as an example. Oka was the huge crisis and led to a 78-day stand off because the municipality wanted to expand a (golf course) development into a cemetery and land that had long been claimed by Mohawk and it had been taken from them by the municipality,” Lucas said.

“If you look here in B.C. Sun Peaks, a really popular mountain bike destination, that was land that was claimed sacred by the Neskonlith people. They fought back against the development. Many of them were arrested and they went to jail. You can look at that all across Canada. Whether it’s golf course, ski resorts, mountain bike trails, a lot of it has been really geared to non-Indigenous people, particularly white people, European people, and playing on the land at the expense of Indigenous rights and title,” he went on to say.

UMBA reached out to Lucas for guidance when they were getting started. “UMBA did things in a good way. I’m really impressed they came to an agreement on how to develop the trails on that land and make sure it’s done in a good way. For me, it’s about disrupting that process where, nowadays, if someone wants to build a trail on a.k.a. Crown land or unceded territory, they usually just go to the Province and the



Province issues them a permit. Well, where did that authority come from? I encourage clubs to go to the First Nations first, get their authority. Work with them, make sure that the benefits are flowing to their people," said Lucas.

UMBA now has 75 members. Rannala says he's looking forward to working with UFN on mutually beneficial projects for all communities and all local residents. "We envision a trail network where one day the same Ucluelet First Nation youth will be able to find meaningful, full-time employment in annual maintenance positions and guiding jobs," he said.

UMBA dreams of building a trail network that stretches from Ucluelet all the way to Toquaht Bay. Discussions with the Barkley Community Forest Corporation (BCFC), a partnership between Toquaht Nation and the District of Ucluelet, are ongoing, notes Rannala. "The BCFC Board supports UMBA's efforts to build bike trails and we are working with them to get permits for the site but must wait for approvals before any work can be done in the Community Forest. We are hopeful that together we will be able to overcome the impediments and the project will be able to proceed," said BCFC chair Terry Smith.

*Nora O'Malley, Westerly News*

## Let's Talk Grants & E-Commerce

**Yuulu?i?ath was 1 of 11 successful candidates** who qualified for the Indigenous Cultural Heritage Infrastructure Program grant, through the First People's Cultural Council. This grant, allocates funds ranging from \$100,000 to \$400,000, and will be used to help further our cultural resource library and sharing area.

FPCC Grant funding supports First Nations communities to revitalize their Indigenous languages, arts and cultural heritage. Carey Cunneyworth, Manager of Culture & Heritage took this opportunity to apply for the Indigenous Cultural Heritage Infrastructure Grant, which supports projects that conserve, repair or develop Indigenous cultural heritage infrastructure.

The goal of this grant is to support Indigenous communities to safeguard, revitalize and celebrate their heritage through projects that include the conservation of structures, cultural heritage sites, landscapes, trails and archives\*.

Plans for the resource library and sharing area will be underway with the receivership of funds.

*\*Referenced [fpcc.ca/grants/](http://fpcc.ca/grants/)*

Individual grant opportunities currently available are the Clayoquot Biosphere Trust (CBT), Neighbourhood Small Grants and Launch Online, e-commerce grant funding.

Launch Online is open and on a first come, first serve basis. This grant is for community entrepreneurs interested in improving their E-commerce (online) options. Citizens can apply to improve their website by adding E-commerce applications such as calendar booking, or direct sales.

As part of StrongerBC, B.C.'s Economic Recovery Plan the Launch Online Grant program will invest up to \$12 million to help small- and medium-size businesses throughout B.C. move their business model online. This program is now open to tourism based business initiatives. Interested in starting an online business? Connect with Corey Rich, Economic Development Officer; [corey.rich@ufn.ca](mailto:corey.rich@ufn.ca).

The Clayoquot Biosphere Trust Small Neighbourhood Grants is a funding opportunity available to west coast residents, within the Clayoquot region. Grants of up to \$500 are available for application. See the poster below for more details!

The Ucluelet Chamber of Commerce recently launched an online marketplace for local, west coast vendors and artists. If you are interested in selling your creations online, this may be for you. As part of the package, you will be offered support through sales techniques, photography, and the shop will be maintained by the Chamber. There will be a consignment fee on all product sold. If you are interested, contact: [chamberoffice@uclueletinfo.com](mailto:chamberoffice@uclueletinfo.com).



**Do you have an idea that connects people socially or helps them share skills or talents with each other?**

Small grants. Beautiful ideas. Apply for a \$50 to \$500 grant today!



**Neighbourhood Small Grants (NSG)** provides grants of up to \$500 for small projects that foster community connectivity and stay within guidelines for physical distancing.

**DEADLINE TO APPLY IS APRIL 15th**

For more information or help applying, contact Brooke at the Clayoquot Biosphere Trust 250-725-8227 or [brooke@clayoquotbiosphere.org](mailto:brooke@clayoquotbiosphere.org)







# Migration Spawns New Life

Photo by: Jonquil Crosby

**With the łusmit (herring) spawn** comes the accompanying whale migration, sweet whistling songs of the birds, croaks of the mating frogs, later days, and new life. March can be an active month.

On a recent aerial expedition checking the łusmit spawn activity, Manager of Fisheries and Wildlife for Yuułu?ił?ath Government - Ucluelet First Nation, Jonquil Crosby, snapped a pod of kakaʷin with a new calf. Physical attributes shown by the size and the orange hue, indicate the calf is a new born. The whites of the kakaʷin develop in the first year, as noted by Jonquil.

Kakaʷin begin their migratory route in the late autumn, migrating to the Pacific coast for the winter. During the months of October through March, kakaʷin head north to their breeding and calving grounds. Kakaʷin give birth to one baby at a time, where the one calf will be nursed for up to two years. Mothers typically give birth every three to ten years, after a 17-month pregnancy. Birthing a Kakaʷin calf is always a blessing to the coastal waters.

Culturally kakaʷin symbolizes family, harmony, community and protection. This is displayed through kakaʷin in raising their young, staying their whole life with the same pod and raise each calf with care. Highly protective of their young, mothers will raise their calf with the assistance of adolescent females.

Kakaʷin will migrate south during the Spring. On the opposite, the ciciłni (Grey Whale) migrates North for the Spring. Traveling a remarkable 5000km on average; one of the longest migratory mammals. Ciciłni will feast in the nutrient rich waters of the arctic, before returning south for the fall.

The Pacific Rim Whale Festival has been celebrating the Grey Whale Migration for over 20 years. Stumped by the recent pandemic, festival components were held virtually and in socially distanced fashion. Although celebrating on their trek north, the Ciciłni will pass through the coastal west coast waters again, in the late summer.

Celebrating the migration of whales, and welcoming the sounds, sights, and scents of Spring is closure for the long west coast winter months.

Photo by: Jonquil Crosby





# April 1, 2021, Milestone Day

## Maa-nulth 10 Year, Transition of Services

April 1, 2021 represents 10 years since the Maa-nulth Treaty became official. The Maa-nulth First Nations Final Agreement came into effect on April 1, 2011, negotiated between Canada, British Columbia and the Huu-ay-aht, Ka:'yu:'k't'h'/Che:k'tles7et'h', Toquaht, Uchucklesaht and Yuuʔuʔiʔath First Nations under the BC treaty process.

The treaty has brought many changes to Yuuʔuʔiʔath and will continue to create a resourceful, forward thinking nation. Establishing a new Government is a large feat. Developing systems, ideals, strategies, including agreed upon Harvesting allocations, economic, governance, and cultural activities, from social development to public works. Keeping up to date with citizen needs and changes, a self-governing nation, although maybe not welcomed by all, is something to be proud of. In light of changes on the horizon, we will be offering Community Engagement sessions, focusing on, but not limited too, Health and Social Services programming and Economic Development.

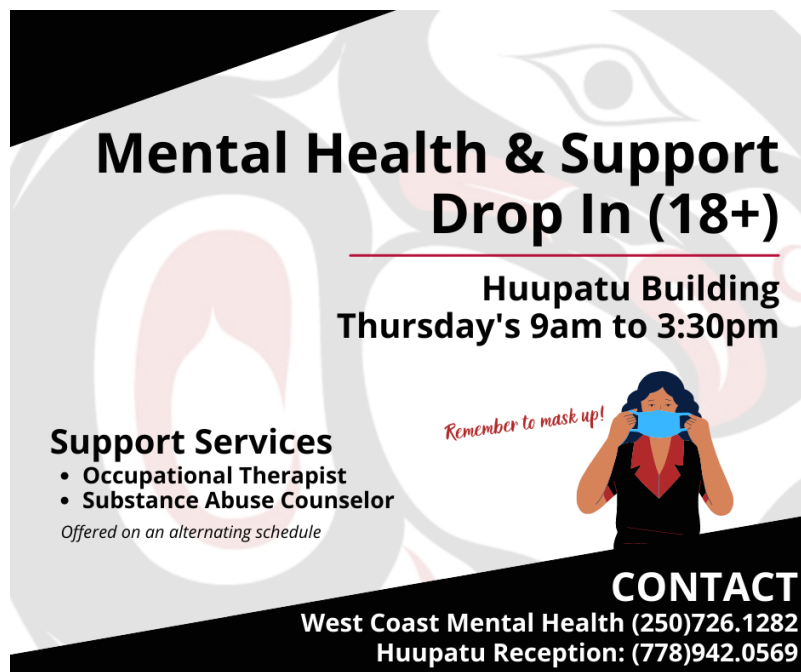
April 1, 2021 will see a change of Services as provided by the NTC. One exciting change, Dr. Carrie Marshall will be holding clinics onsite every Thursday starting April 1, 2021. Dr. Marshall's office will be located in the huupatu Centre, citizens are encouraged to call reception to book appointments. Yuuʔuʔiʔath is also in the continues process of looking for a full time Resistered Nurse to support the Health Team.

The Health Team will be bringing in new technology called

the Wolf EMR Electronic Medical Recording System. This is a centralized system that is used by almost all physicians in the West Coast area. The system holds individual health and medical history, including charts. Individual records in file format will be transferred to the Wolf EMR system, if not already. Once electronic, these files will be accessible by physicians and hard copy files, will not need to be transferred between clinics. All files are kept under Telus Health protection and covered by all health authorities. This program has already been in place and used by doctors at west coast facilities.

With the transition of services, Yuuʔuʔiʔath will offer running clinics and testing, such as optometry, foot care, diabetes screening and more. These clinics will be offered quarterly and information will be available online, through social streams, and in the newsletters. Mental Health services will continue to be offered by Dr. Ted Altar, this schedule can be found online and by calling huupatu Reception. Clinics, programming, and screening offered by the Health Team, can be scheduled with huupatu Centre Reception; (778) 942-0569.

With this edition of the Umacuk you will find inserts for Transition of Services including contacts, as well as a reminder notice on Pacific Blue Cross benefits. You can also find this information at [www.ufn.ca](http://www.ufn.ca), select Government, select Social Services, Health.



**Mental Health & Support Drop In (18+)**


**Huupatu Building**  
Thursday's 9am to 3:30pm

**Support Services**

- Occupational Therapist
- Substance Abuse Counselor

*Offered on an alternating schedule*

*Remember to mask up!*



**CONTACT**  
West Coast Mental Health (250)726.1282  
Huupatu Reception: (778)942.0569



**MAA-NULTH**  
**FIRST NATIONS**

**Celebrates 10 Years!**





**Yuutu?it?ath**

*'People of the Safe Harbour'*